



# Modern Vision Mixed Martial Arts & Fitness

## Holiday Schedule 2011 - 800 Niagara Street

The Next Generation of Martial Arts and Fitness - From Kids to Cage Fighters

Thursday 22nd	Friday 23rd	Saturday 24th	Sunday 25th	Monday 26th	Tuesday 27th	Wednesday 28th
<b>Regularly Scheduled Classes</b> <i>check club website</i> www.modernvisionmma.com	Open Mat 10am to 3pm	Open Mat 10am to 3pm	<b>Christmas Day</b> <b>Club Closed</b>	<b>Boxing Day</b> <b>Club Closed</b>	<b>Stat Holiday</b> <b>Club Closed</b>	Cardio Kickboxing 11am to 12pm
						5pm-6pm Kids 8-13 years Jiu jitsu
						6pm-7pm Core
						7pm-8pm Adult Thai Boxing

Thursday 29th	Friday 30th	Saturday 31st	Sunday 1st	Monday 2nd	Tuesday 3rd	Club Hours:
Open Mat 11am to 2pm	Open Mat 11am to 2pm	<b>New Years Eve</b> <b>Club Closed</b>	<b>New Years Day</b> <b>Club Closed</b>	<b>Stat Holiday</b> <b>Club Closed</b>	<b>Regularly Scheduled Classes</b> <i>check club website</i> www.modernvisionmma.com	Friday 23rd 10am to 3pm
5pm-6pm Kids 8-13 years Jiu Jitsu	6pm-7pm MMA					Saturday 24th 10am to 3pm
6pm-7pm Cardio Kickboxing	7pm-8pm BJJ					<b>Sunday 25th Closed</b>
7-8pm Adult Jiu Jitsu						<b>Monday 26th Closed</b>
						<b>Tuesday 27th Closed</b>
						Wednesday 28th 5pm to 8pm
						Thursday 29th 5pm to 8pm
						Friday 30th 6pm to 8pm
						<b>Saturday 31st Closed</b>
						<b>Sunday 1st Closed</b>
						<b>Monday 2nd Closed</b>

*Classes will be cancelled at 601 Southworth Street from December 23rd to January 2nd  
 Students from this facility are welcome to attend classes at 800 Niagara Street during the Holiday Schedule*

**Now with 3 Locations in Niagara!**

www.modernvisionmma.com

[www.niagaramma.com](http://www.niagaramma.com)

[www.thaiboxingniagara.com](http://www.thaiboxingniagara.com)

800 Niagara Street (located in the Seaway Mall)

289-820-8207

601 Southworth Street (at the corner of McCabe)

905-321-6264

486 Grantham Avenue (located in the Linwell Plaza)

